



Produce for Kids® provides 250+ RD-approved recipes, expert advice, and tips from fellow parents to help families eat healthier. Enjoy these fruit and veggie-centered activities, then visit **produceforkids.com** for simple and delicious lunchbox, dinner and after-school snack recipes.

1. My favorite fruit: _____
2. My favorite vegetable: _____
3. A fruit I've never tried: _____
4. A vegetable I've never tried: _____
5. A fruit or veggie that starts with the letter of my first or last name: _____
6. A fruit or veggie that was grown in the U.S.: _____
7. A fruit or veggie that was grown in another country: _____
8. A produce rainbow: _____

Fruit & Veggie Word Search

M	A	N	G	O	C	N	T	R	S	T	C	H	B
U	F	G	Q	W	S	T	B	U	I	N	E	C	R
S	R	T	A	V	O	C	A	D	O	G	L	K	O
H	L	C	P	I	A	T	N	E	T	R	E	V	C
R	C	A	M	T	O	M	A	T	O	C	R	B	C
O	E	R	W	C	O	R	N	Q	Z	R	Y	G	O
O	R	R	H	V	T	M	A	J	T	E	I	P	L
M	O	O	N	I	O	N	T	G	D	K	I	W	I
P	S	T	R	A	W	B	E	R	R	Y	T	Y	D
W	R	A	T	D	C	Q	T	O	M	A	T	O	H

Avocado
Banana
Broccoli
Carrot
Celery
Corn
Kiwi
Mango
Mushroom
Onion
Tomato
Strawberry